



What You Smell = How You'll Feel

Identifying Common Cannabis Terpenes

PINE

MUSKY | EARTHY | CITRUS HINTS

CITRUS

ALPHA-PINENE | BETA-PINENE

MYRCENE

LIMONENE



FOUND IN

Pine | Dill | Parsley
Basil | Rosemary

FOUND IN

Mango | Thyme
Lemongrass | Hops

FOUND IN

Juniper | Rosemary
Fruit Rinds | Peppermint

Alertness | Euphoria | Creativity
Memory Retention

"Couchlock" | Sedation
Relaxation | Body High

Elevated Mood
Stress Relief

Asthma | Antiseptic

Antioxidant | Pain | Muscle Tension
Sleeplessness | Anti-Carcinogenic

Gallstones | Gastroprotective
Heartburn | Anti-fungal | Depression

Jack Herer | Trainwreck | Bubba Kush
Chem Dawg | Super Silver Haze

Pure Kush | El Nino | Himalayan Gold
Skunk #1 | White Widow

OG Kush | Super Lemon Haze
Jack the Ripper | Lemon Skunk

SPICY | WOODY | PEPPERY | CLOVE

FLORAL | CANDY | CITRUS

ALPHA-CARYOPHYLLENE

LINALOOL



FOUND IN

Black Pepper
Clove | Cotton

FOUND IN

Lavender

No noted effects

Anxiety Relief
Sedation

Gastroprotective | Anti-inflammatory
Arthritis | Ulcers

Anti-anxiety | Anti-convulsant
Anti-depressant | Anti-acne

Big Bang | Damn Sour
Great White Shark | Ice Dream

G-13 | Lavender
Amnesia Haze | LA Confidential